



## Unit 9 – Employment – Finding a Job

### *Identifying Personal Strengths*

#### Three Oranges

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<b>Objectives</b>	By the end of this lesson, participants will be able to: <ul style="list-style-type: none"><li>• Perform self assessment</li><li>• Identify their personal strengths</li></ul>
<b>Time</b>	15 – 20 minutes
<b>Materials</b>	Three (different looking) oranges, personal quality handouts (included)

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#### Procedure

- Begin by presenting the three oranges to the class.
- Tell the participants that at the market where these oranges are sold, they all cost the same price.
- Ask participants to identify which orange they would buy and explain why? Lead participants to choose the “best” orange.
- Remind participants that an employer will think in the same way; they will look for the best employee to hire.
- Ask participants what types of statements they think the employer would like to hear:
  - I am a poor refugee. Please help me.
  - I have no job and no money.
  - I am a hard worker.
- Remind participants that an employer will want to know the personal traits/strengths the employees possess before deciding to hire them. Tell participants that they need to think about their own strengths.
- Hand out the personal qualities hand outs to participants. Ask them to identify their strengths from the provided list or to add their own that may not appear. Allow 5 minutes for this. If illiteracy rate is high, this can be done with small groups or as a large group discussion.
- Ask participants to share their answers with the class. What strengths did they identify?

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**Variation**

Alternative fruit or other items can easily replace oranges. Refer to the CO Student Handbook Personal Qualities Inventory (p. 66 in the English version; identical to the Personal Qualities Inventory included).

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**Assessment**

Have participants practice announcing the qualities they have as a group and individually. This is an opportunity to practice eye contact as well.

## Personal Qualities Inventory

Here is a list of words that you could use to describe your positive qualities in a job interview. Put a check next to the words that are qualities that you have.

Check	English	Native Language
<input type="checkbox"/>	Well Organized	
<input type="checkbox"/>	Hard Working	
<input type="checkbox"/>	Detail Oriented	
<input type="checkbox"/>	Open Minded	
<input type="checkbox"/>	Ambitious	
<input type="checkbox"/>	Active	
<input type="checkbox"/>	Adaptable	
<input type="checkbox"/>	Energetic	
<input type="checkbox"/>	Cooperative	
<input type="checkbox"/>	Responsible	
<input type="checkbox"/>	Punctual	
<input type="checkbox"/>	Neat	
<input type="checkbox"/>	Motivated	
<input type="checkbox"/>	Responsible	
<input type="checkbox"/>	Confident	
<input type="checkbox"/>	Honest	
<input type="checkbox"/>	Fast Learner	
<input type="checkbox"/>	Dependable	
<input type="checkbox"/>	Disciplined	
<input type="checkbox"/>	Reliable	
<input type="checkbox"/>	Willing to Learn	